



AUGUST 2023

**UNGOOROO**  
ABORIGINAL CORPORATION



## GP DOCTORS CLINIC and HEALTH SERVICES SINGLETON & MUSWELLBROOK

Experienced providers in Aboriginal Health & General Practice

Accredited General Practice – AGPAL

Endorsed through AH&MRC

Open to the GENERAL PUBLIC

**ALL SERVICES BULK BILLED**

Kindly supported by



### SINGLETON & MUSWELLBROOK

Open Monday – Thursday 8:30am – 5:00pm and Friday 8:30am – 3:00pm

## UNGOOROO OFFERS THE FOLLOWING SERVICES IN OUR GENERAL PRACTICE:

- |                              |                        |                                |
|------------------------------|------------------------|--------------------------------|
| ▶ Skin Check                 | ▶ Obstetrics           | ▶ 715 Aboriginal Health Checks |
| ▶ Pap smear/cervical screens | ▶ Workers Compensation | ▶ Basic wound care             |
| ▶ Pregnancy/Antenatal Care   | ▶ Paediatric Care      | ▶ Physiotherapy                |
| ▶ Baby Check                 | ▶ Child Immunisations  | ▶ Speech Therapy               |
| ▶ Chronic Disease Care       | ▶ Adult Immunisations  | ▶ Occupational Therapy         |
| ▶ Geriatric Medicine         | ▶ Health Assessments   | ▶ Audiology                    |

If you would like to make an appointment,  
please contact the office on 6571 5111

**LOCATION:**  
Shop 1-6, 157-159 John Street,  
The Singleton Centre, Singleton NSW 2330

If you would like to make an appointment,  
please contact the office on 6524 5522

**LOCATION:**  
2 Francis Street, Muswellbrook NSW 2333

[www.ungooroo.com.au](http://www.ungooroo.com.au)

# UNGOOROO GP & ALLIED HEALTH SERVICES

## GENERAL PRACTITIONER (Doctor)



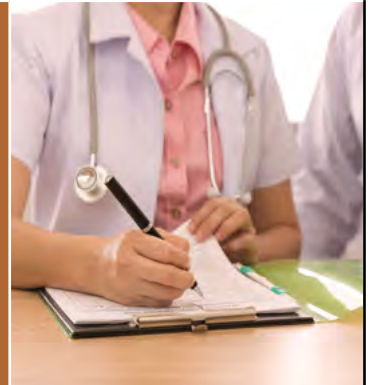
- Dr Joel
- Dr Liz
- Dr Nicole
- Dr Catherine
- Rose McBride  
Aboriginal Health Practitioner and Immuniser

**SINGLETON AND MUSWELLBROOK**

## DIETICIAN/NUTRITIONIST Monthly in Singleton

- Weight management
- Cardiovascular disorders
- Gastrointestinal disorders
- Pulmonary conditions
- Malnutrition
- Paediatric obesity
- Oncology nutrition

**MONTHLY IN SINGLETON**



## PHYSIOTHERAPIST

- Any muscle or joint pain
- Sports and workplace injury
- Reduced mobility and/or movement disorders caused from previous injury or illness
- Chronic lung disorders e.g. asthma, COPD
- Pre and post pregnancy-related injury or pain
- Arthritis pain



## AUDIOLOGIST

- A delay in speech and language development
- Learning difficulties due to delayed speech and language development
- Behavioural problems
- Problems progressing through school

**Matthew Tanti - Audiologist ►**



## SPEECH THERAPIST

- Speech sound errors - the pronunciation of words and sounds
- Language difficulties e.g. memory issues, difficulties following directions or understanding instructions, late talkers
- Reading difficulties
- Voice issues e.g. it hurts when you speak, your voice is very quiet
- Stuttering
- Swallowing and feeding difficulties for children e.g. picky eaters, trouble transitioning between textures
- Swallowing and feeding difficulties for adults e.g. takes longer to chew food, maybe coughing and choking when eating, excessive saliva production
- Oral-motor issues e.g. tongue ties, lip ties, reduced tongue and/or jaw strength
- Ungooroo's Speech Therapist can also assist patients suffering from Autism Spectrum Disorder, Post-Stroke Therapy & Parkinson's Disease



## ABORIGINAL HEALTH PRACTITIONER

- Provides 715 Aboriginal Health Assessments
- Immunisations
- Support to Indigenous Mental Health
- Yarning groups
- Clinical care
- Wound care

OPENED  
TO THE  
GENERAL  
PUBLIC

ALL  
SERVICES  
BULK  
BILLED

FLU AND  
COVID  
VACCINES

I support the  
**ndis**

For all  
appointments phone  
**6571 5111**



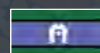
# What is a 715 Aboriginal Health Assessment?

A **715 Health Check** is a health assessment that helps to ensure that Aboriginal and Torres Strait Islander people receive primary health care matched to their needs, by encouraging early detection, diagnosis and intervention for common and treatable conditions that cause morbidity and early mortality.

**If you book into your 715 Aboriginal Health Assessment, you will receive the new 715 Aboriginal Health Shirt once the health assessment has been completed.**

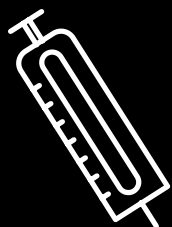


"Every one that completes the 715 Aboriginal Health Assessment with Ungooroo, will be gifted one of our uniquely designed shirts."



**UNGOOROO**  
ABORIGINAL CORPORATION

**Please call Ungooroo on 02 6571 5111 to make an appointment today and check your eligibility to book in for a 715 Aboriginal Health Assessment.**



## FLU Vaccinations Available



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**Accredited**  
General Practice



**[www.ungooroo.com.au](http://www.ungooroo.com.au)**





**UNGOOROO**  
ABORIGINAL CORPORATION

## Men's Yarn Up Group

12-week program



## Men's Yarn Up Group

### 12-week Program

Groups will be held at various locations pending on weather and availability.

Expression of interest  
contact:

[intake@ungooroo.com.au](mailto:intake@ungooroo.com.au)



Scan to view Ungooroo website

**phn**

HUNTER NEW ENGLAND  
AND CENTRAL COAST

An Australian Government Initiative

The yarning groups provide mental health support, and cultural activities.

If you are keen to join some of our mob in these groups, please reach out to:  
[intake@ungooroo.com.au](mailto:intake@ungooroo.com.au) or call 6571 5111 for further information.



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157 – 159 John Street, Shop 1- 6  
Singleton Centre, Singleton NSW 2330

PHONE 02 6571 5111

EMAIL [admin@ungooroo.com.au](mailto:admin@ungooroo.com.au)

## MEET BRAD

### Mental Health Worker

Hi, I'm Brad.

I'm a proud Bundjalung man, and a father of 4.

Born and raised in Newcastle, after school I completed a trade and became a welder. After 10 years I wanted a change and studied nursing.

Since I finished my study, I have worked in acute dual diagnosis mental health/drug and alcohol inpatient wards.

I'm excited to join the mental health team at Ungooroo and to put my skills to use and spend time out in the community.

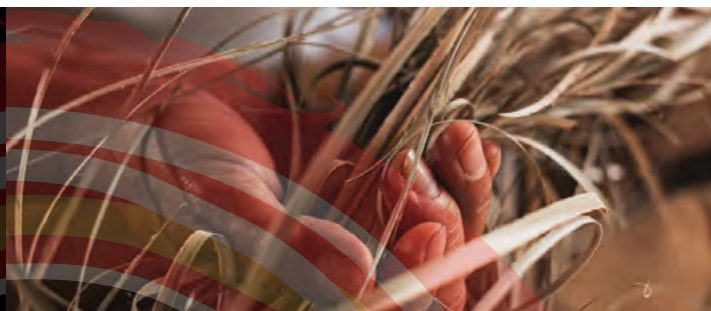




**UNGOOROO**  
ABORIGINAL CORPORATION

## Women's Mental Health Yarning Group Program

12-week program



## Women's Mental Health Yarning Group Program

12-week Program

Groups will be held at various locations pending on weather and availability.

Expression of interest contact:  
[intake@ungooroo.com.au](mailto:intake@ungooroo.com.au)



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## Wiyala Ngarra

Speak Together Listen

### What is Wiyala Ngarra?

Wiyala Ngarra is a 12-week psychosocial group for people looking to develop knowledge and skills to enhance their mental health. The group will include psychoeducation, assist clients to develop coping skills, reduce stress, increase self-esteem, and achieve insight.

#### The group will cover the following topics:

- Understanding good mental health and wellbeing and how to work towards it.
- Exploring values, beliefs and attitudes.
- Goal setting, making changes and future planning.

- Promoting healthy relationships.
- Conflict resolution and assertive communication.
- Assist with crisis management through the development of coping skills and strategies and understanding and managing emotional responses.

- Psychoeducation about stress and the body.
- Suicide prevention and safety planning.
- Understanding sadness and depression and expressing loss and grief.
- Substance use and making changes: Nicotine, alcohol &/or illicit substances.

This program is supported by Hunter New England  
Central Coast Primary Health Network



**Brad Meredith**  
Mental Health Worker  
0422 068 884

#### Referrals

Email: [intake@ungooroo.com.au](mailto:intake@ungooroo.com.au)  
or call 6571 5111

**NOTE:** All referrals are welcome but priority will be given to Aboriginal and/or Torres Strait Islander people.



# Psychologist

Ungooroo Aboriginal Corporation is seeking an experienced Psychologist on either a subcontractor or employee basis to provide a range of psychological services to contribute to the mental wellbeing of the local community.

This role is being offered 2 days per week.

Although this a non-identified role, we strongly encourage Aboriginal people to apply.

## About the Role

- Provision of Psychological Services
- Debriefing and Counselling
- Psychological Assessments and Treatment Interventions
- Evaluation, diagnosis and treatment of children and young people and adults including those with a disability
- Identification and diagnosis of mental, behavioural and emotional disorders
- Participate in research
- Contribution to the ongoing function of the Ungooroo team
- Staff training as required

## If employed, the benefits of working with Ungooroo include

- Join a growing team of medical and allied health professionals
- Waitlist of clients
- Modern and spacious clinical rooms
- Dedicated administrative support team
- Electronic diary & booking system
- Salary sacrifice and packaging for employees
- Supported social media marketing
- Travel & meal allowances

## How to Apply

Please email your cover letter addressing the criteria and CV with relevant experience to [hr@ungooroo.com.au](mailto:hr@ungooroo.com.au) or give us a call on **6571 5111**.

## Qualifications & Experience

- General registration with the Psychology Board of Australia and be registered with AHPRA
- Professional indemnity insurance
- Eligibility for Medicare Provider Number
- Experience providing psychological supports to Aboriginal people or experience working within Aboriginal communities
- Demonstrated interpersonal skills in dealing with the community, patients and staff members
- Demonstrated knowledge and experience using the Microsoft Office Suite and a demonstrated understanding of medical software
- Applicants will be subject to a Working with Children Check and a Criminal History Check

## Personal Attributes

- Ability to work within a team
- Commitment to the delivery of psychological services for Aboriginal and Torres Strait Islander people
- Demonstrated person-focused approach
- Excellent interpersonal and communication skills
- Be always well-presented, friendly and courteous
- Professional presentation and positive attitude

Find out more about  
**Ungooroo Aboriginal Corporation**  
[www.ungooroo.com.au](http://www.ungooroo.com.au)



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# Speech Therapist

Ungooroo Aboriginal Corporation is experiencing growing demand for service, and we are looking for an experienced Speech Therapist to join our clinical team to work with children and adults to assess and treat a range of speech and language disorders.

This role is being offered on a part-time subcontracting or employee basis .

Although this a non-identified role, we strongly encourage Aboriginal people to apply.

## About the Role

- Assessment and intervention of children with receptive and expressive language delays and disorders, speech sound disorders and complex disability
- Providing early intervention to babies and children
- Assessment and management of dysphagia
- Assessment and management of children with difficulties with phonological awareness and literacy
- Liaison with parents and schools to implement programs
- Assessment and intervention for clients with dysarthria, apraxia
- Administering therapy for rehabilitation of patients with communication problems caused by disabilities or hearing loss
- Maintain all patient records and notes in accordance with documentation requirements
- Use evidence-based, problem-solving approach to clinical care and service development

## If employed, the benefits of working with Ungooroo include

- Join a growing team of medical and allied health professionals
- Modern and spacious clinical rooms
- Dedicated administrative support team
- Electronic diary & booking system
- Salary sacrifice and packaging for employees
- Travel & meal allowances

## Qualifications & Experience

- Tertiary qualification in Speech Therapy and Certified as a Practising Member of Speech Pathology Australia.
- Holder of Professional Indemnity Insurance
- Experience working with Aboriginal people
- Experience working as a Speech Therapist in a community setting
- Current Drivers Licence
- Eligible for Medicare Provider Number

## Personal Attributes

- Good interpersonal skills and ability to communicate with Aboriginal individuals, families and communities
- Be able to work in a team and ability to network with other services and health professionals
- Demonstrate patient-focused approach with genuine empathy and interest in patient needs
- Excellent interpersonal and communication skills
- Be always well-presented, friendly and courteous
- Professional presentation and positive attitude

## How to Apply

Please email your cover letter addressing the criteria and CV with relevant experience to [hr@ungooroo.com.au](mailto:hr@ungooroo.com.au) or give us a call on **6571 5111**.

**Find out more**

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# Practice Information Sheet

## AFTER HOURS ARRANGEMENTS

For urgent after hours care please ring **000** or go to **Singleton Hospital** Phone 65719 222 (Dangar Rd Singleton)

For after hours medical advice call



on **1800 022 222** to access a GP.

Call the after hours GP helpline for medical advice. You will receive advice on what to do about your health concern and where to go if you need face-to-face care.

When you call the after hours GP helpline, a registered nurse will complete an assessment and based on your symptoms the nurse may offer you a call back from a GP. The GP will contact you within 15 minutes or 1 hour depending on the severity and urgency of your health issue.

**Monday to Friday 6pm – 7.30am**  
**Saturday from midday**  
**Sunday and Public Holidays all day**

## REMINDER SYSTEM

Ungooroo GP & Health Services has a computerised reminder and recall system for preventative health care which includes:

- Health Checks
- Cervical Screening / Bowel / Breast
- Immunisations
- Chronic Disease Management for Asthma and Diabetes
- Appointment reminders
- Non urgent results follow up

Please discuss with your doctor if you do not want to receive these reminders.

## COMMUNICATION POLICY

The doctor, nurse or health worker may be contacted by phone during surgery hours. If the doctor is with a patient our reception staff will take a message and they will contact you when available.

## PATIENT RESULTS

The doctor will advise you how long it will take to receive your test results. You will need to make a follow-up appointment to discuss your results.

If results are clinically significant you will be contacted by our staff to make an appointment with the doctor.

Reception are unable to give you your results over the phone.

## HEALTH INFORMATION MANAGEMENT POLICY

Ungooroo GP & Health Services is a NSW Health Provider in the private sector, bound by the Health Records and Information Act 2002 (NSW) and the Privacy Act 1988.

The Australian Privacy Principles and the NSW Health Privacy Principles set the standards by which we handle personal information collected from our patients as we are committed to providing quality health care for our patients and we recognise the importance of ensuring that our patients are fully informed and involved in their health care.

As part of our commitment to providing quality health care it is necessary for us to maintain files pertaining to your health.

The files contain the following information: personal details (your name, address, date of birth, Medicare number), your medical history, notes made during the course of medical consultations, referrals to other health providers, results and reports received from other health service providers.

The file will be accessed by your medical practitioner and where necessary by other practitioners in the practice. It will also be necessary for our staff to handle your file to address the administrative requirements of running a medical practice. Our staff are bound by strict confidentiality requirements as a condition of employment.

At times, it may be necessary to allow external organisations to access our practice and possibly to view medical records. They will obviously be aware of the need to preserve the requirement of the privacy act. Ordinarily we will not release the contents of your medical file without your consent; however we advise that there may be occasions where we will be required to release details, for example, where the law requires it, such as a subpoena.

We advise that as a patient of this practice, you have rights of access to any information we hold concerning you. Should you wish to access this information, we refer you to our handout entitled "accessing your medical record". This practice does not intend to disclose your personal information to overseas recipients.

## HOW TO PROVIDE FEEDBACK OR MAKE A COMPLAINT

We welcome any feedback or concerns you may have.

Should you at any time, have a complaint in relation to the services of this practice.

If you feel the issues needs to be addressed by an outside body please contact:

**Health Care Complaints Commission**  
**Level 12, 323 Castlereagh St, Sydney NSW 2000**  
**Phone: 1800 043 159**  
**[complaints.hccc.nsw.gov.au](http://complaints.hccc.nsw.gov.au)**

## PRACTICE BILLING PRINCIPLES

Ungooroo GP & Health Services is a bulk-billing practice.

Please make sure you bring your Medicare card and any other Concession cards with you.

**[www.ungooroo.com.au](http://www.ungooroo.com.au)**



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