

Ungooroo Aboriginal Corporation acknowledges the traditional owners, the Wanaruah people. We pay our respect to the elders past, present and future for they hold the memories, traditions, culture and hope of Indigenous people in Australia.



**UNGOOROO**  
Aboriginal Corporation



**Empowering Indigenous Communities**

[www.ungooroo.com.au](http://www.ungooroo.com.au)

## Community Health and Wellbeing Expo

**It was a sea of smiling faces and infectious energy at Ungooroo's recent annual Health and Wellbeing Expo.**

Hundreds of visitors made their way to the Expo to meet their rugby league heroes, sample the tastiest traditional Australian flavours and learn about the range of programs and services offered by Ungooroo and the local service providers they work with.

Our annual Expo brings the community together to promote the health and wellbeing of all First Nations community and is a chance for people to connect with local services and learn more about the traditions and culture of the local Wanaruah people.

Thanks to the Newcastle Knight's Bradman Best for making the dash to Singleton from Brisbane and to South Sydney's Latrell Mitchell, Cody Walker, Shaq Mitchell, Jack Wighton and Tallas Duncan (Wanaruah mob). Giving your time to make sure everyone had a chance to get a signature and selfie was gracious and generous and reflected in the excited faces of the fans.

**SPOTLIGHT / FEATURE STORY**



*Ungooroo Community Health and Wellbeing Expo was held on Thursday 18th July 2024*



# UNGOOROO NEWS

DECEMBER 2024

We appreciate all the service providers and stakeholders coming to the community at the Expo and helping create true community connection.

Thanks also to the dancers GABINYA MIYAY who shared knowledge and traditional dance and to our own Dr Joel and The Last Kinection for the awesome tunes.

And finally, thanks to everyone who attended the Expo. If you haven't already seen it, check out the video from the event on YouTube.



<https://www.youtube.com/watch?v=5bBON9MmzzM>





Lilly from ITC and Aeron from our NDIS team supporting the expo



Aunty Denise Hedges – Director of Ungooroo doing a Welcome to Country for the opening of the event



Our Dr Joel Wenifong as DJ and MC of the event



Cultural dancers GABINYA MIYAY



GABINYA MIYAY sharing knowledge and traditional dance

**Ungooroo Community Health and Wellbeing Expo was held on Thursday 18th July 2024**



Ungooroo Team and NRL players after a successful Expo Day!



Bradman Best







# Maitland Community Connection Day Expo

The Elder Care and Barranggirra programs supporting the Maitland Community Expo which was facilitated by one of our partners Joblink Plus. There was a total of 42 stallholders on the day and it was a huge success!

Well done JobLink Plus. 

Ungooroo Community Health and Wellbeing Expo was held on Thursday 18th July 2024





# Strong Men Speak Together



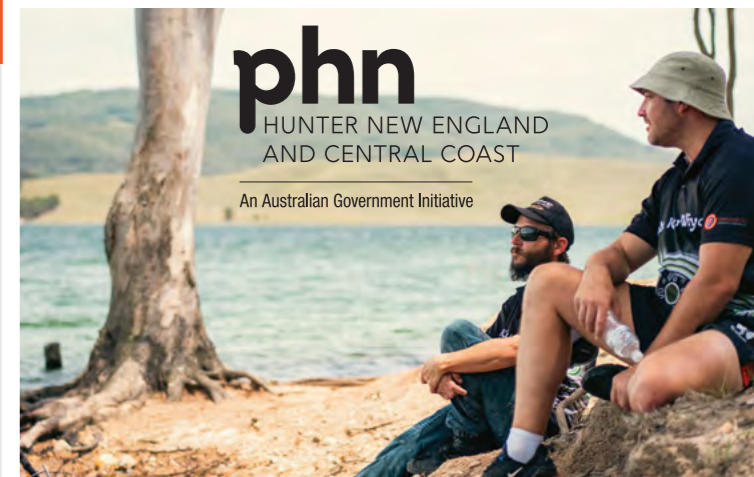
SOCIAL AND EMOTIONAL WELLBEING

## Men's Group

Program funded by PHN was held at Lake St Clair on Wanaruah country.



  
**KAYKU KURI WIYALA**  
Strong Men  
Speak Together



**phn**  
HUNTER NEW ENGLAND  
AND CENTRAL COAST  
An Australian Government Initiative



### KAYKU KURI WIYALA

Our Kayku Kuri Wiyala (Strong Men Speak Together) program brings our young men together in a culturally safe and supportive group setting.

The group is facilitated by our Specialist Homeless Service (SHS) team and is a place to yarn, for social and emotional wellbeing and to strengthen cultural connections.

Participants can also access free health checks and employment support through the Barranggirra team.

Kayku Kuri Wiyala is supported by Juvenile Justice

<https://youtu.be/D9flykJhxnM>



### WIYALA NGARRA

Wiyala Ngarra (Speak Together Listen) yarning group for our women is a 12-week program that offers social and emotional wellbeing and cultural connection.

The group meets weekly and includes discussions around how to protect and strengthen your emotional wellbeing as well as traditional skills workshops like weaving.

This program is supported by the Hunter New England and Central Coast Primary Health Network.

If you're interested in finding out more about these programs, give us a call or email [intake@ungooroo.com.au](mailto:intake@ungooroo.com.au).



### KAWUMA MIRUMA

Kawuma Miruma Social and Emotional Wellbeing Program is a non-clinical culturally appropriate support program Ungooroo offers community.

Self referral is accepted for this program and our mental health workers are happy to have a yarn.

If you require a clinical appointment for your mental health, please contact our clinic on 02 6571 5111 and we can make an appointment with your GP and they will coordinate a care plan for you.

**This could include:**

- Having a mental health assessment
- Discussion around various options available for treatment and support
- Creating a mental health care plan.
- Referral to our mental health support team

Please scan this QR code to view the referral form for this program.





# Caring for our Elders



Our Elder Care Support (ECS) program is connecting our Aboriginal and Torres Strait Islander Elders and older people in our community with the aged care services and support they need.

We know the aged care system is complicated and overwhelming and a lot of our elders aren't accessing services because they don't know what's available.

Our ECS team are the link between our community elders, their families and carers and these aged care services. By guiding our elders through the service assessment and application process we're ensuring they have a say in the support they receive, giving them independence and control over their care.

If you or someone you know needs help navigating the aged care system, please reach out to the ECS team or find out more on our website and keep an eye on our Facebook page for details of our information session in February.



<https://youtu.be/fNhJOESleNs>



## DOOKAL GROUP Business to Business Services

DOOKAL is a 100% Aboriginal owned business that supplies Hi Vis Workwear, Corporate wear, PPE, Promotional Merchandise and unique indigenous designed apparel and products.

In collaboration with our National and International suppliers DOOKAL provides a wide range of products that include the following.

 High Visibility Workwear	 Corporate Wear	 Polo Shirts	 Sporting Wear
 Personal Protective Equipment – PPE	 Promotional Merchandise		 Indigenous Designed Apparel

Contact Craig via [dookal@ungooroo.com.au](mailto:dookal@ungooroo.com.au) or email Craig directly on [clayer@ungooroo.com.au](mailto:clayer@ungooroo.com.au)



Barranggirra mentor Melanie

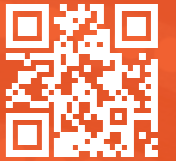
# Celebrating our Barranggirra success stories

Congratulations to our Barranggirra mentor Melanie who has been working with her students, trainees and apprentices to achieve some great outcomes.

Bella is currently studying medical administration at the John Hunter Hospital and recently passed her driver's test to get her licence which will help her get to work.

Madeline successfully passed all her Year 11 exams and has demonstrated a strong work ethic in working extra days for her placement while she continues her assistant nursing training.

Felicity recently completed her HSC exams and received 89% on her school-based apprenticeships and traineeships (SBA/T) assessment. Her hard work paid off and she secured employment with Maitland Hospital and will study at university next year.



Learn more about the Barranggirra program at [ungooroo.com.au](http://ungooroo.com.au).

GOOD NEWS STORIES



## Taneisha Completes Assessments and Buys First Car

Taneisha has successfully completed her assessments leading into the end of the year. Taneisha has been absolutely loving her placement at the John Hunter Hospital through her SBAT and has shown incredible enthusiasm in grabbing as many holiday shifts as she can. Taneisha has been working hard in saving her SBAT money and was excited to finally show us her new car that she bought, which will have a huge positive impact on her SBAT. We are so proud of Taneisha and this incredible achievement.



## Maria Passes All Exams and Receives Positive Feedback in SBAT

Maria has recently completed and passed all of her exams for year 11. Maria is also thriving at her placement at the Cessnock Hospital for her Certificate 3 in Business Administration. Maria's manager, Rebecca, gave incredible praise and support in moving to the Emergency Department in the new year. We are so proud of Maria in her achievements and cannot wait to continue providing support next year.

Rebecca (Administration Manager) - "Maria is doing amazing!"



## Bella Obtained her License and Smashes Exams

Bella successfully passed her drivers test and obtained her provisional 1 license. We are very proud of Bella's excitement and enthusiasm when she achieved this outcome as it will assist her tremendously in her current course through medical administration at the John Hunter Hospital. Bella also smashed her exams for year 11.







## Welcoming Future Doctors: Aboriginal Health Attachment Program

Ungooroo GP and Health Services is proud to be part of Western Sydney University School of Medicine's Year 5 Aboriginal Health Attachment (AHA) program.

This program gives medical students practical experience in urban, rural, and remote settings to help them understand the complexities of Aboriginal health in a culturally safe environment.

Medical students spending time in our clinic will not only see the medical side of health care but also how our multi-disciplinary team and community and social support programs come together to provide holistic care for our patients.

By participating in the AHA program, we're contributing to the development of the general practice workforce in rural and remote areas and ensuring our healthcare system is better equipped to meet the needs of all Aboriginal people.

We're looking forward to welcoming our first group students in early 2025.



## Specialist Homelessness Service Accreditation

Congratulations to our Specialist Homelessness Service (SHS) team of Adam, Kane and Kathy who achieved Australian Service Excellent Awards (ASES) accreditation.

This accreditation reflects the hard work and dedication of the team who work tirelessly to support our local Aboriginal and Torres Strait Islander young people who are homeless or at risk of homelessness.

The SHS program is supported by the Department of Communities and Justice.



**SHS**  
Specialist Homelessness Youth Support Program



ADAM



KANE



KAYLA

## Australian College of Rural and Remote Medicine accreditation

We're proud to announce Ungooroo GP & Health Services has received Australian College of Rural and Remote Medicine (ACRRM) accreditation to support the Rural and Remote Context and Primary Care stages of training.

As an accredited training site, we're providing high-quality learning experiences for registrars. We're supporting the development of skilled and compassionate GPs to care for our community and address Closing the Gap targets in Indigenous and First Nations health.

Thanks to our amazing team for all your hard work in achieving this result!

Australian College of Rural & Remote Medicine  
WORLD LEADERS IN RURAL PRACTICE



UNGOOROO achieves national accreditation from AGPAL as a general practice!



UNGOOROO PARTNERSHIPS



## Listen up!

Our HAPEE audiology clinic will be returning in 2025 and appointments will open in the new year. Keep an eye on our Facebook page for more details.

## New Negative Pressure Room

Thanks to our partner Bloomfield for their sponsorship of our new negative pressure room, a state-of-the-art facility that will enable us to conduct Order 43 medical assessments for the mining industry.

This new addition to our clinic provides a controlled environment where we can safely perform these essential tests, which are required by mining companies to ensure that workers meet the necessary physical standards for underground operations.



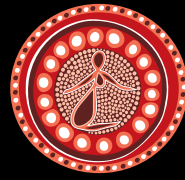
WE CARE. WE DELIVER.

If you or your workforce need Order 43 assessments, please reach out to our team to find out more.





**"Turtle Egg Laying Season"**  
by Les Ahoy



**WUPA**  
Authentic Indigenous  
Artwork

If you are interested in purchasing an authentic Indigenous Artwork, crafted by local artists, head to our website to browse our collection.

[wupaatwanaruah.com.au](http://wupaatwanaruah.com.au)



## Welcome back Rhiannon

**We're excited to welcome our exercise physiologist Rhiannon back to Ungooroo after her leave.**

Rhiannon is working with the NDIS and allied therapy teams to help people improve their overall wellbeing.

Exercise physiology focuses on how exercise can help people improve their physical function and manage chronic conditions. Rhiannon is working with our NDIS participants to

create tailored exercise programs that help increase their strength, mobility, and independence.

Find out more about exercise physiology and our NDIS services on our website.



**UNGOOROO**  
Aboriginal Corporation

**MONDAY - THURSDAY 8:30am - 5:00pm**  
**FRIDAY 8:30am - 3:00pm**

**SINGLETON CENTRE SHOP 1-6**  
**157-159 John St, SINGLETON NSW 2330**

**02 6571 5111**

**[admin@ungooroo.com.au](mailto:admin@ungooroo.com.au)**

**[www.ungooroo.com.au](http://www.ungooroo.com.au)**



[https://ungooroo.com.au/#awb-oc\\_4367](https://ungooroo.com.au/#awb-oc_4367)

## A visit from the Minister

**We were thrilled to meet with Minister for Skills, TAFE and Tertiary Education, Steve Whan who recently visited Ungooroo.**

Minister Whan met with our CEO Taasha, Barranggirra Program Manager Darren and Training Services NSW representatives to discuss the exciting future growth of the Barranggirra program.

We shared the success stories and positive outcomes of Barranggirra and the life-changing impact it has on our young mob. With the support of the Barranggirra mentors, our young people are overcoming challenges to complete traineeships and apprenticeships and building successful careers in competitive industries like health and construction.

The Barranggirra team works with learners to help them secure an apprenticeship or traineeship.

They support them through their training and education and guide them on their chosen career paths.



**BARRANGGIRRA**

Employment and  
Mentoring Program

Hunter / North Coast & Mid North Coast

