



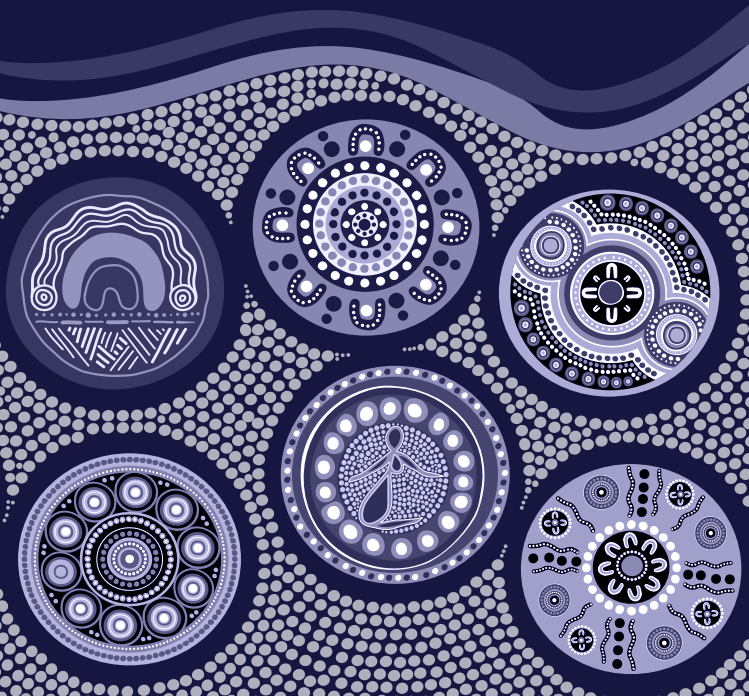
UNGOOROO

Aboriginal Corporation

EMPOWERING INDIGENOUS COMMUNITIES

Promote the social, economic, culture, physical and mental well-being of Aboriginal people.

UNGOOROO SERVICES INFORMATION BOOKLET



Ungooroo Aboriginal Corporation has worked to empower our Indigenous community since 1994. Based on Wannaruah country, we have built strong community and industry relationships that allow us to assist the Upper Hunter Indigenous community to achieve their vision for the future. We remain the **only Indigenous not-for-profit shopfront organisation in Singleton.**



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Ungooroo Aboriginal Corporation (UAC) core values are to inclusively support the whole of the community through providing a range of services such as health, youth support, Aged Care programs, training and employment opportunities, Aboriginal art and tourism, economic development and social inclusion services including NDIS and Mental Health Programs.

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We work with our Indigenous community to:

- ensure access to essential services
- improve the health of Indigenous people
- increase skills, training, education and employment
- help our community members to achieve personal and financial goals
- ensure social justice and social equality
- maximise participation in all aspects of community life
- develop and grow sustainable Indigenous businesses.

We work with our broader community to:

- generate respect for the oldest living culture on Earth
- raise awareness of the employment needs of Aboriginal people
- increase training, education and employment opportunities

As a not-for-profit organisation, all income streams generated by Ungoороо Aboriginal Corporation are returned to the Indigenous community through a range of constantly evolving programs and services.

Our key business areas are:

- GP Health Services and Allied Health Services including Integrated Team Care (ITC)
- Employment and Mentoring Services
- Aboriginal Specialist Homelessness Services
- Social and Emotional Wellbeing Programs
- Aged Care and Elder Programs
- Community and Social Services

The community as a whole benefits from the work done at Ungoороо. We are here for our community.

GP & ALLIED HEALTH SERVICES



GP HEALTH SERVICES

General Practice and
Allied Health Services



Ungooroo provides a range of General Practice, health and allied health services:

⦿ Doctors, Registered Nurses and Aboriginal Health Practitioners which provide chronic disease care and health care needs of all ages. Specialises in 715 Aboriginal Health assessments, immunisations, cervical screening, older persons health care, wound care, lung function tests, pregnancy and antenatal care etc.

⦿ Physiotherapy

⦿ Occupational Therapy

⦿ Speech Pathology

⦿ Audiology

⦿ Dietician/Diabetes Education

⦿ Optometry

⦿ Exercise Physiology

For further information

Email: admin@ungooroo.com.au



ITC

Integrated
Team Care Program



The Integrated Team Care (ITC) Program provides an Aboriginal Care Coordinator and Aboriginal Outreach Worker that can help Aboriginal clients/patients who have Chronic health conditions by providing practical clinical/non-clinical support and assistance in:

- Support attending appointments with local General Practitioners and other specialised professionals
- Follow- up care
- Assisting with completing forms (if needed)
- Initial consultation for Aboriginal community members in Singleton and Muswellbrook who suffer from a range of complex chronic disease issues
- Support for their ongoing health plans
- Engagement with specialists and specialist services
- Provides a clinically trained care coordinator
- Provides an Aboriginal Outreach worker

For further information

Email: itc@ungooroo.com.au

CORPORATE SERVICES



BARRANGGIRRA

Skilling for Employment
Mentoring Program

Hunter / North Coast & Mid North Coast



Barranggirra will provide end to end support for Aboriginal and Torres Strait Islander learners through culturally appropriate mentoring to ensure successful retention and completion of training and improved post-training employment outcomes.

- Increased access, retention and completion of vocational education and training
- Aspiration and expectation of career pathways
- Improved post-training outcomes
- Increased placement in meaningful and sustainable employment
- Greater confidence in making decisions that maximise training and employment experiences and outcomes
- Greater opportunity for Aboriginal business ownership and economic independence

For further information

Email: barra@ungooroo.com.au



DOOKAL GROUP

Business to Business
Services



DOOKAL is a 100% Aboriginal owned initiative which supports our medical bulk billing health services for our Aboriginal communities.

- ⦿ PPE gear, uniforms, and corporate clothing
- ⦿ Indigenous designed PPE and workwear from local Aboriginal artists
- ⦿ Merchandise
- ⦿ Promotional Products

*Scan to view Dookal
Labour Hire, Clothing
& Merchandising*



For further information
Email: dookal@ungooroo.com.au

COMMUNITY & SOCIAL SERVICES



Elder Care Support

Community-led
Pathways to Care



Ungooroo Aboriginal Corporation with the support of NACCHO, welcomes our new Elder Care Support Program (ECS).

- © This large-scale national program is designed to connect Aboriginal and Torres Strait Islander Elders and older people in our community with the services and supports they need

- © This Elders Support Program will ensure older Aboriginal and Torres Strait Islander people and their families are supported to understand, navigate, and access aged care services they are entitled to

- © Ungooroo Aboriginal Corporation will provide an experienced Elder Care Coordinator and an Elder Care Connector

- © These roles will connect with local Elders, older Aboriginal and Torres Strait Islander people, their carers and families to raise awareness of aged care services. They will help to identify the level of local demand and identify clients who are eligible to access aged care services

For further information

Email: eldercare support@ungooroo.com.au



DISABILITY SUPPORT

Access Supports
within the NDIS



Ungooroo is a registered NDIS provider
We have vacancies in:

- Coordination of Supports
- Therapies
- Supported Employment

I support the

ndis

Registered NDIS Provider

For further information

Email: ndis@ungooroo.com.au

SOCIAL & EMOTIONAL WELLBEING



KAWUMA MIRUMA

Social and Emotional
Wellbeing Program



UAC supports our communities social and emotional wellbeing through the Kawuma Miruma – Suicide Prevention program. Kawuma Miruma is Ungooroo's suicide Prevention and mental wellness culturally appropriate program supporting the Aboriginal and Torres Strait Islander communities in the Singleton and Muswellbrook area. Members and community can access support through:

- Yarning Groups to share and exchange information with others impacted by mental health.
- Support to self – assess your stress risk factors to ensure that referral to acute care is timely.
- Group discussion and workshops to better identify and understand your mental health and supports available.
- Support sessions.
- Supported access to supplementary services.

For further information
Email: intake@ungooroo.com.au



**WIYALA
NGARRA**
Speak Together
Listen



Wiyala Ngarra is a 12-week psychosocial group for people looking to develop knowledge and skills to enhance their mental health. The group will include psycho-education, assist clients to develop coping skills, reduce stress, increase self-esteem, and achieve insight. The group will cover the following topics:

- ⦿ Understanding good mental health and wellbeing and how to work towards it.

- ⦿ Exploring values, beliefs and attitudes.

- ⦿ Goal setting, making changes and future planning.

- ⦿ Suicide prevention and safety planning.

- ⦿ Understanding sadness and depression and expressing loss and grief.

- ⦿ Substance use and making changes: Nicotine, alcohol &/or illicit substances.

For further information

Email: intake@ungooroo.com.au

SOCIAL & EMOTIONAL WELLBEING



**KAYKU KURI
WIYALA**

Strong Men
Speak Together



Kayku Kuri Wiyala – Strong Men Speak Together brings our young men together in a culturally safe and supportive group setting. This 7-week program is facilitated by our Specialist Homelessness Service (SHS) team and provides participants with mental and physical wellbeing, employment mentoring and cultural connection. Activities in the program include:

- ⦿ Yarning groups

- ⦿ Free health checks

- ⦿ Cultural activities including dance and didge workshops

- ⦿ Support in collating personal documentation

- ⦿ Employment mentoring and support through the Barranggirra team.

For further information

Email: intake@ungooroo.com.au



SHS

Specialist Homelessness
Youth Support Program



Specialist Homelessness Service Upper and Lower Hunter Valley.

- ☉ Ungooroo provides strength based, client focused casework and support to youth
- ☉ Youth and young people who identify as Aboriginal or Torres Strait Islander, who are homeless or at risk of homelessness
- ☉ Ungooroo SHS program covers the Upper Hunter and Lower Hunter regions
- ☉ Ungooroo's aim is to empower young people with choices and options and provide pathways for our youth to build their skills to address their homelessness in a support environment
- ☉ Referrals can be made by support services, schools, family, friends or self referral
- ☉ Supported by Family and Community Services

For further information

Email: shs@ungooroo.com.au

SOCIAL ENTERPRISES



WUPA
Authentic Indigenous
Artwork



WUPA@Wanaruah focuses on the development and promotion of locally produced, authentic Aboriginal art and products and cultural education programs:

- Aboriginal Art Exhibition
- Professional Development of Aboriginal Artists
- Cultural Tourism
- Event Management
- Cultural Education Programs

*Scan to view and
purchase artwork*



For further information
Email: wupa@ungooroo.com.au



WATTAKA CAFÉ

A Place for Community



Wattaka Cafe offers a patisserie style experience with great coffee, fresh food and a complete infusion of Australian native produce. Wattaka Cafe provides catering to all businesses and industry.

ONLINE ORDERING: <https://www.wattaka.com.au>

wattakacafe.com.au

Located inside the Singleton Centre
157-159 John Street, Singleton NSW 2330
(Parking entry via Hunter Street)

Open
Monday to Friday 8:00am - 2:30pm

Deliveries available within a 15 km radius of the Café.

Scan to
ORDER ONLINE



Phone: **6527 3770**

Email: **info@wattakacafe.com.au**



UNGOOROO
Aboriginal Corporation

MONDAY - THURSDAY 8:30am - 5:00pm
FRIDAY 8:30am - 3:00pm

SINGLETON CENTRE SHOP 1-6
157-159 John Street, SINGLETON NSW 2330

PO Box 3095, SINGLETON NSW 2330

02 6571 5111

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www.ungooroo.com.au

