



SPEECH THERAPY

Speech Therapy is interventions provided by speech pathologists to help individuals with communication and swallowing difficulties. Speech therapists assess, diagnose, and treat a wide range of disorders including, speech, expressive and receptive language, cognitive-communication issues and difficulty with swallowing and eating. Ungooroo's Speech Therapist will work with children and young people 2 - 16 years, to improve their ability to communicate effectively and safely eat and drink.

At Ungooroo, our Speech Therapists will provide the delivery of this clinical service:

CLINICAL SERVICE DELIVERY

- Conduct speech, language, communication, voice, fluency, and swallowing assessments in line with professional standards.
- Provide evidence-based interventions tailored to each client's needs, goals, and cultural context.
- Develop and implement therapy programs for clients referred via:
 - EPC Referrals: Short-term, goal-specific therapy within Medicare guidelines.
 - NDIS Referrals: Ongoing therapy aligned to participant goals and NDIS plan requirements.
- Maintain accurate, up-to-date clinical documentation in compliance with organisational policy, Medicare, and NDIS standards.

Strengthening
independence through
culture, care, and
connection.

In addition to our internal referrals, we take external referrals from General Practitioners, so if you would like an appointment, please contact your GP for an EPC referral or contact our **Admin team on 6571 5111** and they can assist with making a booking.

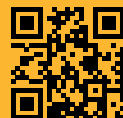


UNGOOROO
Aboriginal Corporation

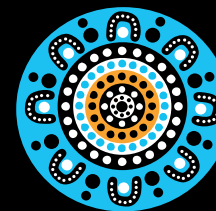
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**GP HEALTH
SERVICES**
General Practice and
Allied Health Services



**ALLIED
THERAPY SERVICES**



EXERCISE PHYSIOLOGY

Exercise Physiologists use exercise and movement to improve health, fitness, and recovery from illness or injury. They do this by:

- Measuring a persons' fitness, strength, flexibility, endurance, and cardiovascular health.
- Designing personalised adaptive exercise programs for health, fitness, or rehabilitation.
- Monitoring and supporting patients by teaching correct techniques, tracking the progress, and monitoring outcomes.
- Providing education and preventative health strategies.

AUDIOLOGY

Audiologists improve safety, communication, independence and overall quality of life by:

- Conducting hearing tests to measure different sounds, pitches and speech.
- Providing treatment and rehabilitation by recommending and fitting hearing aids, cochlear implants and other assistive listening devices and teaching patients how to use and care for their hearing devices.
- Evaluating balance disorders and assisting patient to manage conditions like dizziness, vertigo unsteady walking.
- Providing educating and counselling.
- Tailoring supports to special groups eg newborns, early interventions, older people, work related areas.



OPTOMETRY

Optometrists specialise in eye health, vision care and prescribing of corrective lens. They also play a key role in detecting early signs of serious health problems via eye examinations. They do this by:

- Eye examinations.
- Prescribing vision correction.
- Eye health screening.
- Treatment and management of common eye issues eg dry eyes, infections, and allergies. They will provide advice on eye strain, computer vision syndrome and safe contact lens use.
- Making referrals to other Specialists including Ophthalmologists and other health care providers.



OCCUPATIONAL THERAPY

Occupational therapy (OT) is a client-centered health profession focused on enabling people to participate in the activities of everyday life. Our Ungooroo Occupational therapists help individuals of all ages and social groups maintain, regain, or improve their independence and participation in self-care, work, school, social activities, and hobbies. They achieve this by modifying the task, occupation, or environment to better support participation and by teaching new skills or strategies whilst doing this in a culturally appropriate safe environment.

KEY ASPECTS OF OCCUPATIONAL THERAPY:

- **Focus on Participation:**
Occupational Therapists work holistically in person-centred approach, to enhance a person's ability to engage in activities that are meaningful and important to them, such as self-care, work, and leisure.
- **Specific Areas of Practice:**
While OTs work across a broad spectrum of health areas, they may specialize in areas like mental health, return to work, or disability.

HOW WE WORK WITH YOU:

- Assessing and identifying barriers to independence.
- Developing Individualised Plans to gain or maintain skills.
- Providing Training and Education.
- Modifying the Environment.
- Recommending adaptive equipment.
- Promoting Independence and Well-being: The ultimate goal is to empower individuals to live more independently and engage in meaningful activities.

