

Ungooroo Aboriginal Corporation acknowledges the traditional owners, the Wanaruah people. We pay our respect to the elders past, present and future for they hold the memories, traditions, culture and hope of Indigenous people in Australia.



UNGOOROO
Aboriginal Corporation

UNGOOROO NEWS

SPRING 2025

Community connection at the Ungooroo Health and Wellbeing Community Expo!

Ungooroo's recent Health and Wellbeing Community Expo was another day full of good vibes, high energy, culture and community connection.

Hundreds of visitors were welcomed to the Expo and treated to traditional dance performances from the Gabinya Miyay dance group and hip-hop tunes from our own Dr Joel and The Last Kinection.

Our Wattaka Café team treated everyone to some of the tastiest traditional Australian bush flavours. From kangaroo pies to bush tomato relishes and lemon myrtle cheesecake, there were plenty of new flavours to try.

And for the footy fans – what a treat! Thanks to South Sydney's Latrell Mitchell,



Ungooroo Health and Wellbeing Community Expo was held on Thursday 24th July 2025

Jack Wighton, Shaq Mitchell, Tallis Duncan, Cody Walker who dropped by and gave their time to sign autographs, take photos, and chat with a sea of excited fans.

Thanks to all our stallholders and service providers for being part of the Expo and providing the opportunity for community to yarn and learn more about local employment, training and health and wellbeing services.

More than anything, the day was about connection – through culture, stories, music, and shared experiences.

Thank you to our Ungooroo team, our Board and our Elders, our stall holders, performers, volunteers and community. Your support is what makes this community event so special

Keep an eye on our website and social media to see all the photos and video from the day.



<https://www.youtube.com/watch?v=lxvDvTM28D0>





Ungooroo Health and Wellbeing Community Expo
was held on Thursday 24th July 2025







BARRANGGIRRA

Skilling for Employment Mentoring Program

Hunter / North Coast & Mid North Coast

SINGLETON CAREERS EXPO 2025

The **BARRANGGIRRA TEAM** had a great day at the recent Singleton Careers Expo. It was awesome to meet with community and share how the Barranggirra program supports Aboriginal learners through culturally safe mentoring and training pathways.

We loved connecting with jobseekers, school leavers and career changers and we're excited to keep walking alongside you on your career journey.

Thanks to everyone who stopped by for a yarn!



Barranggirra Team

BARRANGGIRRA BUILDING SUCCESS FOR OUR MOB

The **BARRANGGIRRA PROGRAM** is making a real difference, helping Aboriginal learners, apprentices, and trainees across NSW stay strong, stay on track, and succeed in their training journeys.

The team provides one-on-one support, cultural mentoring, and practical help for mob navigating TAFE, apprenticeships, and work life. Whether it's sorting out training issues, building confidence, or just having someone to talk to, Barranggirra is there every step of the way.

For employers and organisations, the program connects you with Aboriginal talent and helps you support your staff to succeed. From cultural advice to mentoring and retention strategies, Barranggirra helps make workplaces stronger and more inclusive.

Need support or want to get involved? Reach out to the team or find out more about the program on our website.



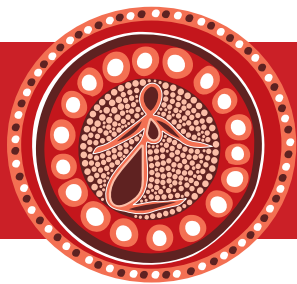
Barranggirra NAIDOC Day



Congratulations to Joshua who Received the Aboriginal VET Student of the Year Award. TSNSW Awards Night.



Congratulations to Miley who recently received the Aurizon Ka-wul Award for Leadership 2025



WUPA
Authentic Indigenous
Artwork

WUPA @ Wanaruah IS NOW LIVE

The annual **WUPA @ Wanaruah Art Exhibition** and Art Trail recently launched with an opening night of culture, connection and storytelling through art.

This year's show features an incredible lineup of Aboriginal artists from across the region. Their works features amazing local Aboriginal artists sharing bold, beautiful stories through painting, weaving, and sculpture.

This year's exhibition features an incredible lineup of Aboriginal artists from across the region. Their works – from bold paintings to delicate weavings and carvings – tell stories of Country, family and culture.

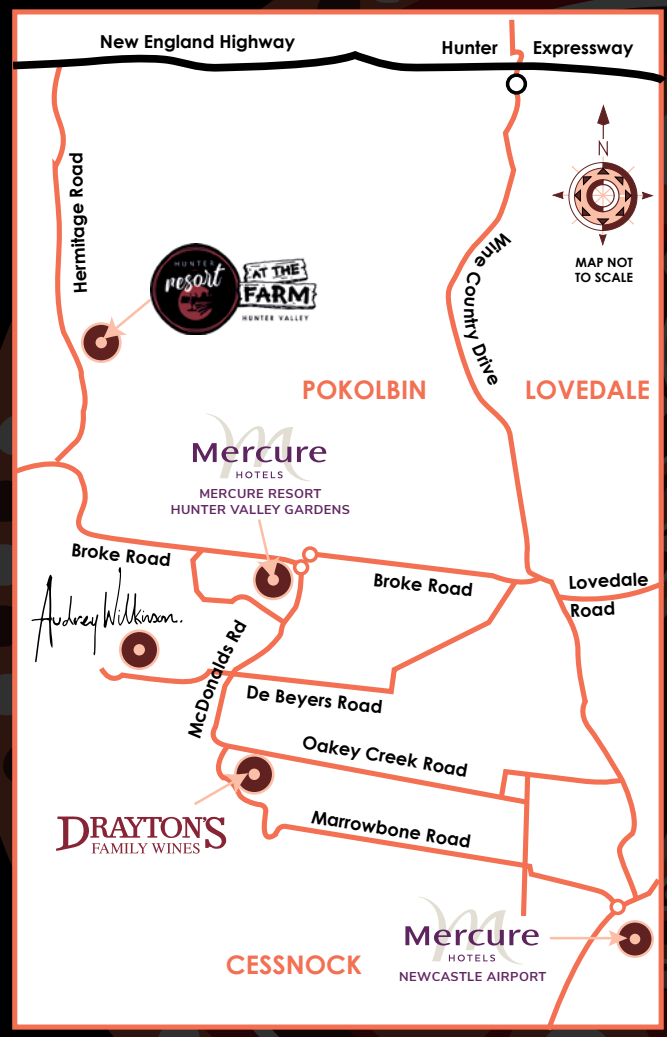
The launch of the WUPA Art Trail means visitors can now follow the journey of these artists across different venues across Wanaruah country.

WUPA @ Wanaruah is about more than just art – it's about celebrating identity and keeping culture and community strong.

The WUPA Art Trail runs through to March 2026 and you can find out more about the art, the artists and where to see the works on our website wupaatwanaruah.com.au



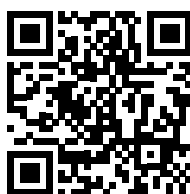
WUPA@Wanaruah ABORIGINAL ART TRAIL for 2025 in the Vineyards



WUPA
Authentic Indigenous
Artwork

If you are interested in purchasing an authentic Indigenous Artwork, crafted by local artists, head to our website to browse our collection.

wupaatwanaruah.com.au



Thank you to our Sponsors







GP HEALTH SERVICES

General Practice and
Allied Health Services

MEET OUR GP CLINICAL TEAM



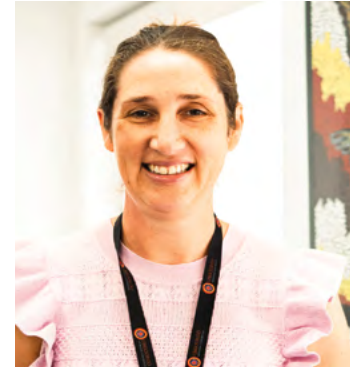
Dr Helena



Dr Jo



Dr Joel



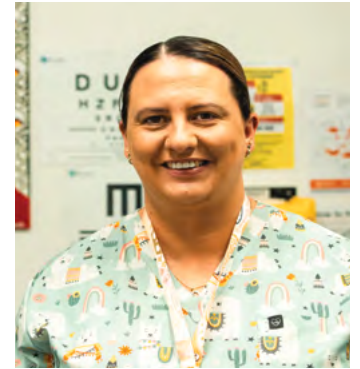
Dr Liz



Ash - ITC Coordinator and Registered Nurse (left)
and Lilly - Practice Nurse/ITC Outreach Support Worker (right)



Registered Nurse - Holly



RN/Order 43's - Kylie

LAUNCHING OUR NEW 715 ABORIGINAL HEALTH ASSESSMENT MERCHANDISE

Ungooroo is excited to launch our new 715 Aboriginal Health Assessment merchandise. A 715 Aboriginal Health Assessment is a health assessment that helps to ensure that Aboriginal and Torres Strait Islander people receive primary health care matched to your individual needs, by encouraging early detection, diagnosis and intervention for common and treatable conditions that cause morbidity and early mortality.

If you complete a full 715 Aboriginal Health Assessment you will be eligible for either a Ungooroo Football or a 75 Aboriginal Health Assessment polo shirt.

If you would like to call our admin team to make an appointment for a 715 Aboriginal Health Assessment with our amazing clinical team. Please call 0265715111 to make an appointment.





CANCER CARE COORDINATION

Culturally Safe Cancer Care Services

UNGOOROO SECURES NEW ABORIGINAL CANCER CARE COORDINATOR

We're proud to share that Ungooroo has been successful in receiving funding for a dedicated Aboriginal Cancer Care Coordinator, as part of the NSW Aboriginal Cancer Primary Care Program. This is a major step forward in providing culturally safe cancer support for our mob.

The new role will focus on improving cancer prevention, screening, and access to care, ensuring our people are supported at every step of the cancer journey.

By working closely with local health services, families, and service providers, the Aboriginal Cancer Care Coordinator will work with patients to make sure care is culturally safe and accessible and to facilitate earlier diagnosis and treatment within Aboriginal communities.

Aboriginal people have a slightly lower rate of a cancer diagnosis than non-Aboriginal Australians but are almost 30 per cent more likely to

die from cancer than non-Aboriginal Australians. This program, led by the Aboriginal Health and Medical Research Council (AH&MRC) is working to raise awareness of risk factors and the importance of early detection.

Keep an eye on our socials to find out more about the program and meet our new Cancer Care Coordinator.



AH&MRC
Aboriginal Health & Medical
Research Council of NSW



VALUABLE SUPPORT FROM **AGL**

Ungooroo would like to thank AGL for supporting an Indigenous traineeship with Ungooroo. This opportunity has been invaluable in providing training and an employment pathway for a young indigenous community member who will develop skills and undergo training to enhance sustainable employment.

Thanks to Jo and the AGL team for supporting Samara in this journey and supporting Ungooroo as a not for profit community organisation to assist in building our capacity and providing opportunities for local First Nations community members.





GP HEALTH SERVICES

General Practice and
Allied Health Services

ALLIED THERAPY SERVICES

At **Ungooroo**, we are committed to supporting the health and wellbeing of our community through a wide range of specialised services. Our dedicated team of professionals provide culturally safe, client-centred care across key areas including **Occupational Therapy, Exercise Physiology, Audiology, Optometry and Speech Therapy**. Whether it's helping individuals gain independence in daily life, improving physical fitness and recovery, enhancing communication, supporting healthy vision, or ensuring better hearing, our focus is always on empowering people to live healthier, more connected, and fulfilling lives.

EXERCISE PHYSIOLOGY



Exercise Physiologists use exercise and movement to improve health, fitness, and recovery from illness or injury. They do this by:

- Measuring a person's fitness, strength, flexibility, endurance, and cardiovascular health.
- Designing personalised adaptive exercise programs for health, fitness, or rehabilitation.
- Monitoring and supporting patients by teaching correct techniques, tracking the progress, and monitoring outcomes.
- Providing education and preventative health strategies.

OPTOMETRY



Optometrists specialise in eye health, vision care and prescribing of corrective lens. They also play a key role in detecting early signs of serious health problems via eye examinations.

They do this by:

- Eye examinations.
- Prescribing vision correction.
- Eye health screening.
- Treatment and management of common eye issues eg dry eyes, infections, and allergies. They will provide advice on eye strain, computer vision syndrome and safe contact lens use.
- Making referrals to other Specialists including Ophthalmologists and other health care providers.

AUDIOLOGY



Audiologists improve safety, communication, independence and overall quality of life by:

- Conducting hearing tests to measure different sounds, pitches and speech.
- Providing treatment and rehabilitation by recommending and fitting hearing aids, cochlear implants and other assistive listening devices and teaching patients how to use and care for their hearing devices.
- Evaluating balance disorders and assisting patient to manage conditions like dizziness, vertigo, unsteady walking.
- Providing educating and counselling.
- Tailoring supports to special groups eg newborns, early interventions, older people, work related areas.

In addition to our internal referrals, we take external referrals from General Practitioners, so if you would like an appointment, please contact your GP for an EPC referral or contact our Admin team on 6571 5111 and they can assist with making a booking.

OCCUPATIONAL THERAPY



Occupational therapy (OT) is a client-centered health profession focused on enabling people to participate in the activities of everyday life. Our Ungooroo Occupational therapists help individuals of all ages and social groups maintain, regain, or improve their independence and participation in self-care, work, school, social activities, and hobbies. They achieve this by modifying the task, occupation, or environment to better support participation and by teaching new skills or strategies whilst doing this in a culturally appropriate safe environment.

KEY ASPECTS OF OCCUPATIONAL THERAPY:

- **Focus on Participation:**
Occupational Therapists work holistically in person-centred approach, to enhance a person's ability to engage in activities that are meaningful and important to them, such as self-care, work, and leisure.
- **Specific Areas of Practice:**
While OTs work across a broad spectrum of health areas, they may specialize in areas like mental health, return to work, or disability.

HOW WE WORK WITH YOU:

- Assessing and identifying barriers to independence.
- Developing Individualised Plans to gain or maintain skills.
- Providing Training and Education.
- Modifying the Environment.
- Recommending adaptive equipment.
- Promoting Independence and Well-being: The ultimate goal is to empower individuals to live more independently and engage in meaningful activities.

SPEECH THERAPY



Speech Therapy is interventions provided by speech pathologists to help individuals with communication and swallowing difficulties. Speech therapists assess, diagnose, and treat a wide range of disorders including, speech, expressive and receptive language, cognitive-communication issues and difficulty with swallowing and eating. Ungooroo's Speech Therapist will work with children and young people 2 - 16 years, to improve their ability to communicate effectively and safely eat and drink.

At Ungooroo, our Speech Therapists will provide the delivery of this clinical service:

CLINICAL SERVICE DELIVERY

- Conduct speech, language, communication, voice, fluency, and swallowing assessments in line with professional standards.
- Provide evidence-based interventions tailored to each client's needs, goals, and cultural context.
- Develop and implement therapy programs for clients referred via:
 - EPC Referrals: Short-term, goal-specific therapy within Medicare guidelines.
 - NDIS Referrals: Ongoing therapy aligned to participant goals and NDIS plan requirements.
- Maintain accurate, up-to-date clinical documentation in compliance with organisational policy, Medicare and NDIS standards.



GP HEALTH SERVICES
General Practice and
Allied Health Services

**PHONE 6571 5111
TO BOOK AN APPOINTMENT**



KAYKU KURI WIYALA

Strong Men Speak Together



WIYALA NGARRA

Speak Together, Listen



YARNING TOGETHER

Our men's and women's yarning groups are running again with the support and guidance of our social and emotional wellbeing team.

Our Women's Mental Health Yarning Group is a 12-week program where women get together to share stories, support each other, and take part in cultural activities that help boost mental health and

wellbeing. It's a safe, relaxed space to yarn, connect, and feel strong together.

Our Men's Yarn Up group, also a 12-week program, supports men's mental health and wellbeing through yarning, connection, and cultural activities. It's a space for men to talk openly, share experiences, and build resilience.

Both programs highlight the power of culture and community in promoting wellbeing.

If you or someone you know is interested in joining either group, please reach out to our team via calling our office on 6571 5111 or sending an email enquiry to intake@ungooroo.com.au.



SHS Specialist Homelessness Youth Support Program

MORE THAN JUST A ROOF

The Specialist Homelessness Service (SHS) is doing amazing work supporting people who are going through tough times. Whether someone's sleeping rough, staying in unsafe housing, or at risk of losing their home, the SHS team is there to help.

It's not just about finding a place to stay, it means safety, stability and a fresh start & maintaining cultural connection with community.

From sorting out housing and linking people to services, the SHS team help people reconnect with community and rebuild their lives.

Big thanks to the team for the difference they make every single day.

If you would like to refer any clients to this program, the referral form is on our Ungooroo website <https://ungooroo.com.au/about/forms-resources/> and please forward on completed referral form to shs@ungooroo.com.au



EXCITING BUILDING WORKS AT UNGOOROO

There's been plenty happening behind the scenes at Ungooroo!

Building works are well underway for our new specialist medical rooms here in Singleton Centre which will be opening later in the year. These new rooms will help us expand the care we can offer to provide a full range of allied and specialist health services for our community in a culturally safe space, without the need to travel far.

In addition, we have completed the installation of the negative pressure room, which will allow us to start doing Order 43 medicals and testing on-site. Negative pressure rooms in medical facilities isolate patients with infectious conditions (AIIR) and protect people outside the room from exposure.

This is great news for patients and local workers and employers and community, making it easier to meet health and safety requirement and keeping Mob safe from infectious conditions and viruses.

Ungooroo would like to make a special acknowledgement and thank you to Bloomfield for supporting this initiative and the installation of the Negative Pressure room in our Aboriginal Community Controlled Health Organisation (ACCHO)



Thanks for your patience during the works — this is all part of growing stronger health services for community.



Front Desk



Front Area



DISABILITY SUPPORT

Access Supports
within the NDIS

CELEBRATING A SUCCESSFUL **NDIS MID-TERM AUDIT**



We're proud to share that Ungooroo successfully passed our NDIS mid-term audit, a major milestone that reflects our commitment to quality, safety, and continuous improvement.

This achievement means we're meeting the high standards set by the NDIS Quality and Safeguards Commission, ensuring our services remain safe, effective, and centred around the needs of the people we support.

For our staff, it's a strong endorsement of the incredible work they do every day, showing professionalism, care and dedication to delivering person-centred support.

For our NDIS participants and their families, it means peace of mind, knowing they're receiving services from a provider that is committed to best practice.

We'd like to thank our NDIS team, our support networks and the people we support for helping us reach this milestone. Together, we'll keep working to grow stronger, deliver better outcomes, and support people to live the lives they choose.

Hire our Boardroom and Training Room

Looking for the perfect space for your next meeting, workshop, or training session? Ungooroo offers a professional, fully equipped boardroom and training room for hire.



Facilities & Inclusions:

- Fully air-conditioned
- Access to amenities
- Underground car parking available
- Disabled access
- Accommodates 30 - 40 people
- Interactive COMMBOX available for use

Hire Rates:

- \$90 per half day
- \$150 per full day



Catering Options:

Delicious catering is available through Wattaka Café.

A catering menu or full café menu can be provided on request.



Book today and enjoy a professional welcoming space that makes a great impression.



Elder Care Support

Community-led
Pathways to Care

Elder Care Support Program

Ungooroo Aboriginal Corporation with the support of NACCHO, welcomes our new Elder Care Support Program (ECS)

This Elder Support Program will ensure older Aboriginal and Torres Strait Islander people and their families are supported to understand, navigate, and access aged care services they are entitled to.

Ungooroo Aboriginal Corporation will provide an experienced Elder Care Coordinator and an Elder Care Connector.

These roles will connect with local Elders, older Aboriginal and Torres Strait Islander people, their carers and families to raise awareness of aged care services. They will help to identify the level of local demand and identify clients who are eligible to access aged care services.

For further information
Contact us on
6571 5111 or email
eldercare support@ungooroo.com.au
with your enquiry.

This large-scale national program is designed to connect Aboriginal and Torres Strait Islander Elders and older people in our community with the services and supports they need.



UNGOOROO
Aboriginal Corporation

Please go to www.ungooroo.com.au for further updates and information.



HELPING OUR BUBS START STRONG

We recently hosted a morning tea to help educate expectant mums about Fetal Alcohol Spectrum Disorder (FASD). FASD can happen when alcohol is used during pregnancy, affecting how bub's brain and body grow and develop.

We yarned about how to make healthy choices and the importance of alcohol-free pregnancies to keep our bubs strong.

Thanks to the National Aboriginal Community Controlled Health Organisation (NACCHO) for supporting us to roll out the Strong Born campaign for our community.



INFORMATION TECHNOLOGY SERVICES

Ungooroo Aboriginal Corporation as part of our continuous improvement strategy have partnered with ICTx who will assist Ungooroo in managing all our Information Technology services to ensure our community benefits from up to date and efficient IT services.



"At ICTx we have the privilege of working with many ACCHO, yet our

partnership with Ungooroo is something truly special.

The leadership under Taasha Layer sets a clear vision for how technology can lift staff efficiency and experience while safeguarding community data. Across UG we see people who care deeply about their work and push hard for outcomes that matter.

That makes this partnership remarkable — not only for what it delivers for Ungooroo, but for how it motivates the ICTx team who genuinely love supporting Ungooroo".

ICTx - Benjamin Faro | Director ICTx



PHOTO: Vecteezy.com

UNGOOROO ADMIN TEAM



Above left to right - Estelle, Steph, Abbey P, Abbey H and Stephen

Ungooroo is delighted to welcome Steph and Abbey H to the team.

On behalf of the Board and our CEO, Taasha, we also want to give a big shout-out to our incredible admin team, who work tirelessly behind the scenes to support our patients, community, and all of our clinical and program staff.

Welcome Lillian
Our new Speech Therapist has joined the Allied Therapy team.



UNGOOROO
Aboriginal Corporation

MONDAY - THURSDAY
8:30am - 5:00pm

FRIDAY 8:30am - 3:00pm

SINGLETON CENTRE
SHOP 1-6
157-159 John Street
SINGLETON NSW 2330

02 6571 5111

admin@ungooroo.com.au
www.ungooroo.com.au



We are proud to be an ACPAL Accredited General Practice

EMERGENCY & SUPPORT CONTACT NUMBERS

In an **EMERGENCY**, please call triple zero

000
EMERGENCY

For **EMERGENCY HOUSING** call
Link2Home 1800 152 152
Upper Hunter Homeless Support
(02) 6542 5051

For **MENTAL HEALTH SUPPORT** call
Lifeline - 13 11 14
Beyond Blue - 1300 224 636
13Yarn - 13 92 76

OPENING HOURS



MONDAY- THURSDAY 8:30am - 5:00pm
FRIDAY 8:30am - 3:00pm
SATURDAY/SUNDAY CLOSED
PUBLIC HOLIDAY CLOSED